Microwave cooking times in this book are approximate. Numerous variables, such as the microwave oven's rated wattage and the starting temperature, shape, amount and depth of food can affect cooking time. Use the cooking times as a guideline and check doneness before adding more time. Lower wattage ovens may consistently require longer cooking times.
FAST FABULOUS MINUTE® RICE

You can serve rice, one of the world's great starches, a number of ways. "Au naturel" is fine—and simple. Or, you can use rice as the starting point for soups, salads, main dishes, main-dish accompaniments, appetizers, or even desserts. This recipe book provides over 100 fast fabulous MINUTE Rice recipes from appetizers to desserts that both you and your family will love.

And MINUTE Rice speeds the preparation of all these dishes. Because it's pre-cooked, MINUTE Rice is ready in just 5 minutes. With each recipe, you can use either Original MINUTE Rice, for that great taste you've always loved, or MINUTE Premium Long Grain Rice, for slow cooked taste with plump whole grains. And it comes out fluffy and tender every time—the ideal recipe rice!

VERSATILE MINUTE® RICE

For over 40 years, MINUTE has been the leader in convenient rices. Its quick, easy, foolproof preparation provides light and fluffy rice perfect every time. And it's ideal for recipes. MINUTE Rice soaks up all the natural recipe flavors to enhance any recipe favorite.

Even all by itself, MINUTE Rice is very versatile. Add an ingredient or two in basic preparation, and it takes on a completely new character. Be sure to try these fast fabulous ideas with MINUTE Rice.

- Stir grated lemon, lime or orange rind into the water (1 1/2 teaspoons of rind for 4 servings of rice).
- Add a dash of chili powder, curry, crushed basil leaves or other herb in place of salt.
- Stir in grated or shredded cheese while rice is still hot (1/4 cup cheese for 4 servings of rice).
- Add chopped walnuts, peanuts or cashews to rice just before serving (1/4 cup nuts for 4 servings of rice).
- Add chopped fresh parsley or chives to prepared rice (2 tablespoons for 4 servings of rice).
- Add slivered almonds and raisins to prepared rice (2 tablespoons each for 4 servings of rice).
- Substitute your favorite bouillon or broth for all or part of the water.
- For quick and easy super rice, prepare any cream-style soup according to can directions. Then, fill the can with MINUTE Rice and add to boiling soup. Stir, cover, remove from heat, and let stand 10 minutes. Serve hot.
- See side of package for "Amounts of Rice and Water." Use the same amount of spaghetti sauce as water and bring both to a boil. Stir in rice. Cover, remove from heat, and let stand 10 minutes. Sprinkle with grated Parmesan cheese, if desired.

MOST REQUESTED MINUTE® RICE RECIPES

Everyone has their own favorite MINUTE Rice recipe. Here are some of the all-time favorites:

Old-Fashioned Rice Pudding page 68
Versatile Super Supper Rice page 34
Classic Spanish Rice page 74
Classic Savory Chicken Divan page 48
Sweet 'n Sour Chicken page 55
Chicken Cacciatore page 59
Chinese-Style Rice page 76

As great as the old classics are, be sure to try the countless fast fabulous dishes brought to you by MINUTE. Bon Appetit!
OLD-FASHIONED RICE PUDDING

- 4 cups cold milk
- 1 cup MINUTE® Rice
- 1 package (4-serving size) JELL-O® Vanilla or Coconut Cream Flavor Pudding and Pie Filling
- ¼ cup raisins (optional)
- 1 egg, well beaten
- ¼ teaspoon ground cinnamon
- ⅛ teaspoon ground nutmeg

Combine milk, rice, pudding mix, raisins and egg in medium saucepan. Bring to a full boil over medium heat, stirring constantly. Remove from heat. Cool 5 minutes, stirring twice. Pour into individual dessert dishes or serving bowl. Sprinkle with cinnamon and nutmeg; serve warm. (For chilled pudding, place plastic wrap directly on hot pudding. Chill slightly; then chill about 1 hour. Stir before serving; sprinkle with cinnamon and nutmeg.) Makes 10 servings.

Old-Fashioned Fruited Rice Pudding: Add 1 can (17½ oz.) drained fruit cocktail to pudding after cooling 5 minutes. Garnish as desired. Makes 14 servings.

CREAMY LOW-CALORIE RICE PUDDING

- 1 package (4-serving size) JELL-O® Vanilla-Flavor Sugar Free Pudding and Pie Filling
- 3 cups skim or low-fat milk
- ½ cup MINUTE® Rice
- ¼ cup raisins
- ⅛ teaspoon ground cinnamon

Combine all ingredients in medium saucepan. Bring to a boil over medium heat, stirring constantly. Pour into 1-quart casserole or individual dessert dishes. Place plastic wrap directly on surface of hot pudding. Chill 30 minutes; remove plastic wrap. Sprinkle with additional cinnamon, if desired. Makes 8 servings.
MAPLE RICE FLAN

3 cups milk
3/4 cup MINUTE® Rice
1 package (3 oz.) JELL-O® AMERICANA® Golden Egg Custard Mix
1 egg yolk
2 tablespoons sugar
1/4 teaspoon ground nutmeg
6 tablespoons LOG CABIN® Syrup

Combine milk, rice, custard mix, egg yolk, sugar and nutmeg in medium saucepan. Bring to a full boil over medium heat, stirring constantly. Cover; remove from heat. Let stand 5 minutes.

MICROWAVE RICE PUDDING

3 1/4 cups milk
3/4 cup MINUTE® Rice
1 package (4-serving size) JELL-O® French Vanilla Flavor Pudding and Pie Filling
1/4 teaspoon ground cinnamon
1/8 teaspoon ground nutmeg
2 teaspoons grated orange rind (optional)
3/4 cup raisins
1 tablespoon butter or margarine

MICROWAVE DIRECTIONS: Mix together all ingredients in 2-quart microwavable bowl. Cook, uncovered, at HIGH 3 minutes. Stir and cook at HIGH 2 minutes longer. Stir again and cook at HIGH 3 to 4 minutes or until mixture comes to a boil. Place plastic wrap directly on surface of hot pudding. Cool 15 minutes at room temperature or in refrigerator. Stir before serving. Serve warm or chilled. Makes 7 servings.

RICE PEACH MELBA

3/4 cup MINUTE® Rice
1 3/4 cups milk
1/4 cup sugar
1/2 teaspoon salt
1/8 teaspoon ground nutmeg
1 cup thawed BIRDS EYE® COOL WHIP® Non-Dairy Whipped Topping
6 drained canned peach halves
2 tablespoons currant jelly or raspberry preserves, melted

Mix rice and milk in medium saucepan. Bring to a boil. Reduce heat; simmer gently, covered, 15 minutes, fluffing rice occasionally with fork. Remove from heat. Stir in sugar, salt and nutmeg. Cool 5 minutes; then cover and chill about 1 hour.

Fold in whipped topping and spoon into serving bowl or dessert dishes. Arrange peach halves on top. Spoon melted jelly over the peaches. Makes 6 servings.
CHOCOLATE-COCONUT RICE SQUARES

1 1/2 cups water
1/4 cup sugar
1/2 teaspoon salt
1 1/2 cups MINUTE® Rice
1 cup BAKER'S® Real Semi-Sweet Chocolate Chips
1/2 cup BAKER’S® ANGEL FLAKE® Coconut
1 cup thawed BIRDS EYE® COOL WHIP® Non-Dairy Whipped Topping

Combine water, sugar and salt in medium saucepan. Bring to a full boil. Stir in rice. Cover; remove from heat. Let stand 5 minutes. Add chips and coconut to hot rice and stir until chips are melted. Cover and chill.

Fold whipped topping into rice mixture. Pour into waxed paper-lined 8-inch square pan or 9x5-inch loaf pan. Cover and chill until firm, about 1 hour.

Invert onto serving plate and remove paper. Cut into squares or slices. Makes 6 servings.

GLORIFIED RICE

1/2 cup water
1 teaspoon butter or margarine
1/4 teaspoon salt
1/2 cup MINUTE® Rice
1 can (8 oz.) crushed pineapple in juice, well drained
1 cup BAKER’S® ANGEL FLAKE® Coconut
1 cup miniature marshmallows
1/4 cup chopped drained maraschino cherries
1 3/4 cups (4 oz.) BIRDS EYE® COOL WHIP® Non-Dairy Whipped Topping, thawed
3 tablespoons milk


Stir in pineapple, coconut, marshmallows and cherries. Fold in whipped topping and milk. Cover and chill about 1 hour. Garnish as desired. Makes 8 servings.

TOP: CHOCOLATE-COCONUT RICE SQUARES
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Fast Fabulous Meals featuring MINUTE® Rice offers the busy cook an extensive variety of menu ideas that can be prepared in a flash. And, to make cooking time even shorter, over 30 recipes have microwave directions.

Choose from over 100 fast fabulous recipes including tasty appetizers, delicious soups, satisfying main-dish entrees, innovative side dishes and scrumptious desserts. Everything from classics, such as Old-Fashioned Rice Pudding, Versatile Super Supper Rice orClassic Spanish Rice to creative contemporary recipes, such as Louisiana Tomato-Rice Gumbo, Savory Lemon Rice or Crab and Rice Primavera. Indeed, for any and every occasion, MINUTE® Rice truly is the ideal rice for recipes.

Pictured above, clockwise from top left: Deli-in-a-Skillet (see page 30), Tomato, Chicken and Mushroom Soup (see page 10), Three Bean Rice Salad (see page 22) and Old-Fashioned Rice Pudding with its variation, Old-Fashioned Fruited Rice Pudding (see page 88).